



Spotlight

Whether you're a music maestro or a curious explorer, discover the melodious world of our HPPS String Ensemble! 🎵



Congratulations to our Science Club for being awarded the Green Flag during the Eco Awards Ceremony.

HIGHLIGHTS OF THE MONTH

QUALITY LEARNING EXPERIENCES

- ✳ Total Defence Day 2026
- ✳ CNY Celebration
- ✳ Student Leadership Investiture & NSG Oath-Taking 2026
- ✳ Primary 3 Learning Journey to the Zoo

THE MONTHLY NURTURE

Read on for more exciting articles!

Message from the Principal

Nurturing Future-Ready Citizens through Technology and Values

Dear Parents,

In his recent Budget Statement for this year, PM Lawrence Wong emphasised that Artificial Intelligence (AI) will be Singapore's "strategic advantage," and that our students must learn to use AI "wisely, not as a shortcut," whilst developing "rigorous thinking and deep disciplinary skills." Rest assured, at HPPS, as we prepare our students for an AI-enabled future, we are implementing robust guardrails and ensuring the ethical use of AI. Our goal is for our students to become discerning users who can harness AI's power responsibly.

Our teachers have been at the forefront of this transformation, shifting beyond simply using technology to becoming genuine learning designers who integrate AI to create interactive lessons and spark meaningful learning experiences. In our professional sharing and discussions, our teachers demonstrate their collaborative spirit—what we call AI: SEH (Artificial Intelligence: Sharing, Encouraging, and Helping) – as they support one another in navigating these new frontiers.

Equally important is how we are strengthening the values that define us as Singaporeans. Our recent Chinese New Year celebrations, where we featured the Chingay parade in one of our school assembly programmes, showcases our multicultural traditions. This exemplifies what PM Wong described in his speech as cherishing "our distinct cultural traditions and heritage, even as we continue to build common ground and a shared identity that unites us as Singaporeans."

This balance of embracing cutting-edge technology whilst deepening our multicultural roots, is what will prepare our children for academic success as well as for life as thoughtful, connected citizens of Singapore.



Mr Charles Chan
Principal

[Click here to watch the news.](#)

HPPS EVENTS

Upcoming events for March & April 2026

| Day/Date | Event | Remarks |
|--------------------------------|---------------------------------|---|
| Sat to Sun, 14 Mar - 22 Mar | Term 1 School Vacation | |
| Mon, 23 Mar | Hari Raya Puasa day off-in-lieu | School Holiday |
| Tue, 24 Mar | Term 2 SHINE Day | |
| Wed, 1 Apr | Temperature Taking Exercise | Students to bring along a working thermometer |
| Thu, 2 Apr | Hari Raya Concert | During School Assembly |
| Fri, 3 Apr | Good Friday holiday | Public Holiday |

SCHOOL UPDATES



Annual Health Screening for Students



As informed via PG (Parents Gateway), Health Promotion Board has scheduled the annual Health Screening for our P1-P6 students from **25 Mar - 10 Apr**. The exact dates for the various classes will be furnished via PG by the March Holidays.

On the date of the health check, your child can come dressed in PE attire. Your child should also wear his/her spectacles as well (*if applicable*).

Immunisation will be administered for P1&P5 students only. **Only P5 students** need to submit their health booklets (complete with immunisation records) to the school.

Parents who do not wish for your child to undergo HPB's health screening in school, may write to: Contact_YPS@hpb.gov.sg.

HEALTH SCREENING SERVICES

Reminder: Update your child's medical and lifestyle details via the [Consent Portal](#) (guide below)
Please note that consent is required for vaccinations.

| | |
|---|---|
| <p>P1</p> <ul style="list-style-type: none"> • Height and BMI • Vision screening* (for myopia) • Hearing screening • Lifestyle Prescription • Vaccination if required* | <p>P2</p> <ul style="list-style-type: none"> • Height and BMI (selected students) • Vision screening* (for myopia) • Lifestyle Prescription |
| <p>P3</p> <ul style="list-style-type: none"> • Height and BMI • Vision screening* (for myopia) • Lifestyle Prescription | <p>P4</p> <ul style="list-style-type: none"> • Height and BMI (selected students) • Vision screening* (for myopia) • Colour Vision screening • Lifestyle Prescription (NEW) |
| <p>P5</p> <ul style="list-style-type: none"> • Growth and development assessment • Spinal screening for scoliosis* (for females) • Lifestyle Prescription (NEW) • Vaccination against Tetanus/Diphtheria/Pertussis and Polio (Tdap/IPV Booster 2) | <p>P6</p> <ul style="list-style-type: none"> • Height and BMI (selected students) • Spinal screening for scoliosis* (for females) |

*Vision screening conducted is a preliminary test that detects signs of myopia (short-sightedness) only, it does not check for other eye conditions and may occasionally miss cases or give false positives. If concerned, a full eye exam with an optometrist/specialist is recommended.

A Tdap/IPV (Tetanus/Diphtheria/Pertussis and/or Polio) or MMR (Measles/Mumps/Rubella) vaccinations may be given if found to be incomplete as per the National Childhood Immunisation Schedule (NCIS).

*This screens for Adolescent Idiopathic Scoliosis (AIS), a condition with no known cause that can worsen during puberty. Female students will be briefed and examined in private cubicles for scoliosis, with their top removed. The female doctor or nurse will check their back for abnormal curvature while they are standing upright and bending forward. If further assessment is required, they will be referred to the Student Health Centre, HPB.

If you do not wish for your child to undergo HPB's health screening in school, please write to Contact_YPS@hpb.gov.sg

Click here for more information
 1. [Health Screening and vaccination](#)
 2. [Grow Well SG](#)

*Please refer to Parents Gateway for more information

CCA SPOTLIGHT



STRING ENSEMBLE

The Henry Park Primary School String Ensemble CCA is made up of students of diverse backgrounds, but they all have one thing in common – a passion for music. Our CCA is made up of two teams – the school team, and the beginner team.



Our committed instructor guided us from the fundamentals all the way to mastering the instrument.

In the beginner team, students with no prior knowledge of playing a string instrument can join and start learning a new instrument. They can choose from the following instruments – Violin, Viola, Cello and Double Bass. In the school team, students with prior knowledge of playing a string instrument learn ensemble skills and musicianship. In both teams, we seek to grow the interests and talents of every student and give them opportunities to learn new skills and values. Through playing together as a team, students learn values such as teamwork, resilience, and perseverance.

Students are given opportunities to showcase their talents through performances. Every two years, our String Ensemble participates in the Singapore Youth Festival Arts Presentation (SYF AP), where the students perform on a national level and get feedback from industry professionals. Our String Ensemble also performs for school concerts, school events, and for VIA (Values-In-Action), where the students can serve the community through music.



We contribute to society by showcasing and sharing our love for music with the community.

The String Ensemble will be participating in SYF in April this year. If you can play the Violin, Viola, Cello or Double Bass, come and join us for the SYF experience!



Preparing for SYF Arts Presentation

Come join us!



We had a delightful and rewarding experience taking part in the SYF Arts Presentation 2024.

CCA SPOTLIGHT

Congratulations!

Science Club



Written by:
Koh Shun Jie (6I)

The Eco-Schools Award Ceremony was an exciting experience, and we were privileged to attend this. The ceremony was held on 6 February 2026 at the Singapore Sustainability Academy in City Square Mall. Six schools were presented with three categories of awards - Bronze, Silver, and Green Flag - in recognition of their efforts in championing environmental education within their school communities. Henry Park was once again awarded the most prestigious Eco-School International Green Flag, having previously received it in 2021 and 2023. It is a two-year award presented by the Worldwide Fund for Nature (WWF). It took a lot of effort throughout our journey to develop and implement ideas. However, I feel that our determination and passion contributed to our achievement of this award.



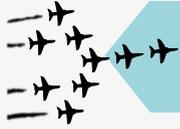
Our teacher brought 6 students to the Singapore Sustainability Academy. We set up a booth in a room, where WWF members, students and some important members of the public visited our booth. We then shared about HPPS Science Club and our Science projects. The people who visited our booth were interested in the type of projects we embarked on. For example, we shared about a robot we designed called Captain Waste-Not that could tell if we wasted too much food, some pots of herbs and some Eco Enzymes. These were some of the projects that we have done in Science Club. We also visited other schools' booths. They were also quite interesting. The members of WWF gave an informative presentation on their ongoing efforts in wildlife conservation, environmental protection, and community education programs.



We were one of the 3 schools receiving the international award this year. Receiving such an award in front of an audience made up of people from different organisations and schools was truly an honourable and thrilling experience.



QUALITY LEARNING EXPERIENCES



**Total Defence Commemoration 2026:
Together We Keep Singapore Strong**

This year's Total Defence Commemoration was immersive and experiential, deepening our students' understanding of the importance of Total Defence in safeguarding our nation.

The commemoration began with a differentiated assembly segment. Our Lower Primary students participated in guided classroom discussions facilitated by their Form Teachers, while our Upper Primary students gained valuable insights from a sharing by an RSAF representative. This tiered approach ensured age-appropriate engagement and meaningful learning for all.



RSAF Sharing in the hall for the Upper Primary students



Students were all engaged in the sharing by the RSAF guest speaker



Getting our students to be prepared for the unexpected situations

To further enrich the experience, students were treated to a live musical performance on Chingay. Through this engaging showcase, they gained a deeper appreciation of how Chingay reflects our multicultural identity and contributes to Social and Psychological Defence, fostering a stronger sense of belonging and confidence in Singapore's future.



NE Ambassadors' sharing



Whole school grooving to the Chingay music



Captivating live singing



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During recess, students also had the opportunity to learn CPR through hands-on engagement, a collaboration between the Scouts and NE Ambassadors. This practical experience strengthened their awareness of Civil Defence.

In addition, students will participate in a Flag Game activity during their PE lessons, where they will strategise to defend their “home ground”. This interactive activity reinforces their understanding of the six pillars of Total Defence while promoting teamwork, resilience, and strategic thinking.



Flag game during PE lessons



NE Ambassadors and Scouts on duty



Hands-on CPR

The commemoration concluded with ESR 26, which reinforces the importance of emergency preparedness in an ever-changing world. Through these meaningful and participatory experiences, our students gained a deeper appreciation of their role in Total Defence.



Exercise Singapore Ready (ESR) 2026: No electricity in the classroom



[Click here to watch the Scenario Video for Total Defence Day, 2026](#)



QUALITY LEARNING EXPERIENCES

CNY CELEBRATION [AT] HPPS



Henry Park Primary School welcomed the Chinese New Year with a vibrant celebration that brought students together through meaningful cultural experiences, creative expression, and shared festive joy.

During recess, students across all levels participated in a lively Recess Carnival at Kidzone 1 and Kidzone 2. At Kidzone 1, students challenged themselves through a series of traditional and skill-based games, including “Fortune Rolling In,” a giant pachinko-style activity, ring toss, archery, the traditional game Touhu (pitch-pot), and a beanbag target challenge. The games fostered collaboration, perseverance, and joyful interaction among peers.



Carnival games with a twist!



Trying our best at ring tossing



My first try at archery!



Giving my best shot at the Touhu (pitch-pot) game



There was a calligraphy grandmaster who guided us how to write Hui Chun

At Kidzone 2, students engaged in hands-on cultural activities such as calligraphy writing (Hui Chun), lantern making, paper cutting, lantern riddles, and crafting decorative “Red Packet Fish”. These experiential stations allowed students to deepen their appreciation of Chinese traditions while expressing creativity through personalised festive decorations.



Paper cutting to make a beautiful CNY decoration

In the weeks leading up to the celebration, Art lessons further enriched students’ learning as they upcycled used red packets into festive ornaments. Classrooms were soon transformed into colourful spaces that reflected students’ creativity and collective celebration of the season.



Mega thanks to our parent volunteers for their support during our CNY celebration



Classrooms were well decorated with our red packet art work



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Lion Dance finale energising the hall

The highlight of the festivities was the concert held on Chinese New Year's Eve. Students enjoyed performances by the Chinese Orchestra and Chinese Dance CCA group, participated in an interactive Chinese New Year customs quiz, and learned more about festive traditions through engaging videos. A lively song-and-dance performance by four Primary 2 classes delighted the audience, while the Lion Dance, featuring the exciting "Cai Qing," brought the celebration to an energetic and memorable climax.



Our Chinese Dance group mesmerising the crowd with their elegant dance moves



Primary 2 students performing CNY songs



Students learned more about the festive traditions through a fun quiz

Back in their classrooms, students continued the celebrations through craft activities, festive sharing, and the meaningful tradition of exchanging New Year greetings with their form teachers, strengthening relationships and fostering a strong sense of school community.

Through these shared experiences, students developed a deeper appreciation of cultural heritage, creativity, and togetherness.

Wishing all our students continued growth, success, and happiness in the year ahead!



A joyous celebration with our classmates



Learning about the meaning of mandarin orange exchange



New Year greetings for our teachers

新年快乐



HAPPY CHINESE NEW YEAR



QUALITY LEARNING EXPERIENCES

STUDENT LEADERSHIP INVESTITURE & NSG OATH-TAKING 2026

Henry Park Primary School proudly held the Student Leadership Investiture and National School Games (NSG) Oath-Taking Ceremony on 2 February 2026. This significant event marked the official appointment of our student leaders and also a celebration of our young athletes as they pledged to represent the school with integrity, sportsmanship and pride.

The ceremony brought together school leaders, teachers and students to witness this important milestone in our pupils' leadership journey. The hall was filled with excitement and anticipation as our newly appointed leaders stepped forward to take their Leadership pledge.

One key highlight of the ceremony was the Student Leadership Pledge, where leaders affirmed their commitment to be positive role models, serve the school community, build strong relationships and uphold the values of Henry Park Primary School.



Our Tier 2 Student Leaders, Prefects, Peer Support Leaders, Green Ambassadors, NE Ambassadors and I-Makers were formally invested. Their pledge represents a commitment to serve others, lead by example and uphold the school values of Respect, Integrity, Care and Excellence.

The ceremony then featured the NSG Oath-Taking, where our student athletes pledged to compete with honour, resilience and teamwork as they represent Henry Park in the National School Games (NSG).

We congratulate all our student leaders and athletes and look forward to seeing them shine in the year ahead.



Our NSG athletes taking their pledge to compete with honour, resilience and teamwork.

Watch the highlight for the NSG opening ceremony 2026 here



Congratulations to all student leaders and athletes



QUALITY LEARNING EXPERIENCES

AN UNFORGETTABLE LEARNING JOURNEY TO THE ZOO

Written by:

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Mikaela Chua Le Ting (3B)

Evan Tan Hong Rui (3B)

Our class had a Learning Journey to the Zoo the week before last, and the excitement could be felt from the moment we assembled in school. Although we were eager to begin our adventure, we waited patiently for the bus at the Bus Bay. After boarding the bus, we had to put on our seatbelts for safety reasons. Our classmates and I were talking all the way to the Zoo. The bus buzzed with cheerful chatter as we wondered which animals we would see and what surprises awaited us.

When we arrived, we sat outside the ticket counter, taking in the lively atmosphere around us. While the teacher was settling the tickets, the parent volunteers were giving out the lanyards. Wearing them made us feel like official explorers for the day. Once we entered the Zoo, some classes had their picnic first while the others went to visit some animal enclosures.



We were buzzing with excitement—our first learning adventure of the year was about to kick off!

Our class had our picnic first. We enjoyed eating the snacks that we brought while watching the pelicans. After our picnic, we were energised and ready to explore. We went to see many animals. The Fragile Forest had many unique animals. The animals inside were free to roam. Some of them came very close to us. It felt as though we had stepped into a real rainforest, surrounded by nature.



Quick, snap a pic before it photobombs our memory!

Reptopia also had animals with very interesting names. There was a lizard called the Gila Monster. We saw the King Cobra too. We also saw two snakes kissing each other. Before that, we thought it was just one long snake! We were amazed to discover that what looked like one snake was actually two facing each other.

Lastly, our teachers had a surprise for us! They showed us Charlie! He was the best part of the Learning Journey! He was the Sumatran Orangutan. He pressed his face against the glass panel and looked at us. He then walked over to drink water. He must be very thirsty! Seeing Charlie up close was truly the highlight of our trip. It felt like a special moment we would always remember.

It was a tiring but unforgettable trip to the Zoo! We returned to school with joyful hearts, new knowledge about animals and their habitats, and wonderful memories to treasure.



Walking around the zoo and what do you see?

THE MONTHLY NURTURE

Understanding Gaming Habits in Children



Supporting Healthy Digital Use at Home

With digital games becoming a big part of children's lives, it is important for parents to understand how to support healthy gaming habits and recognise when it may become a concern.

WHAT IS GAMING ADDICTION?

- Gaming becomes a concern when a child:
- Is unable to control their gaming habits
 - Continues playing despite negative impact on school, health, or relationships
 - Prioritises gaming over daily responsibilities



HOW PARENTS CAN SUPPORT

- 1 Set clear routines and boundaries
- 2 Stay involved by knowing what games they play
- 3 Build healthy habits by encouraging more outdoor play, hobbies, and family activities
- 4 Work with your child to co-create rules and expectations together

OUR SHARED ROLE

As a school community, we partner parents in guiding children to develop healthy digital habits, self-discipline, and balance—skills that will support their learning and well-being in the long term.

[Read more about it here](#)

AI COMPANIONS: WHAT PARENTS NEED TO KNOW



Guiding Children in the Age of AI

With the rise of artificial intelligence, children today are increasingly interacting with AI companions—digital tools that can chat, teach, and even provide emotional support. While these technologies offer exciting opportunities, they also require thoughtful guidance from parents.



What Parents Should Be Aware Of

Children may:

- Develop strong emotional attachments to AI
- Struggle to distinguish between AI and real relationships
- Rely too much on AI instead of interacting with family and friends
- Encounter inaccurate or biased information



- 1 **Emphasise balance**
Encourage real-world friendships and family time alongside technology use
- 2 **Stay involved**
Talk to your child about how they use AI and what they experience
- 3 **Guide responsible use**
Remind children that AI is a tool—not a real person
- 4 **Choose wisely**
Use trusted and age-appropriate platforms

[Read more about it here](#)