



HPPS Monthly Newsletter

Mar 2023

Dear Parents/ Guardians,

Principal's note

Our monthly newsletter has been renamed [TH.R.I.V.E.](#) This is an acronym for our HPPS student outcomes.

TH: Critical **TH**inker

R: **R**eflection Learner

I: **I**nformed Digital Natives

V: **V**alues-Driven Innovator

E: **E**ffective Communicator

These outcomes were introduced last year. They seek to provide students with the necessary competencies and learning dispositions to thrive in the future. While it is difficult to predict the actual set of competencies which will be needed for jobs of the future, our school will continue to curate quality learning experiences to ensure that our students have opportunities to develop holistically.

Some education experts have suggested that the post-COVID-19 era has forced a rethink on the traditional approach of curriculum, which valued skills and knowledge. The curriculum, they contend, should focus more on developing students' capabilities instead of focusing only on content knowledge.

Our school will continue to offer a balanced approach towards active participation in curricular and co-curricular activities such as fieldtrips, camps, project work and other enrichment programmes beyond the curriculum. We want learning to be student-centered, inquiry-based, authentic and purposeful.

The pandemic has required students to exercise their self-determination and motivation to learn under challenging conditions. In addition, they should have skills for critical thinking, the ability to verify reliability of sources of information, and the capacity to appreciate diverse perspectives.

We hope to facilitate more student-initiated explorations of solutions to authentic social and global issues. This will help them to better manage the unknown and uncertain instead of memorising or learning solutions to existing problems.

Parents can also play your part in nurturing the competencies of the future, for your children. We can help them identify their interests and support them in pursuing their passions. Beyond focusing on the pursuit of excellence in academics, we can work in partnership to help our students develop competencies for socio-emotional and mental resilience and to adapt to whatever jobs or uncertainties they will face in the future.

*Honesty in Performance
Pride in Service*

1 Henry Park Primary, A Green School commemorates World Water Day 2023

As a green school, Henry Park Primary embarks on its Applied Learning Programme (ALP) - Sustainability which aims to inculcate in our students the 21st Century Competencies (21CC) through learning experiences in STEM and its real-life application to solve environmental problems. The ALP comprises of activities and learning experiences centred on Sustainability.

The school is working towards

- a. Raising awareness about environmental issues among members of the school community.
- b. Motivating staff and students (and their families) to take concrete actions that contributes to sustainable living in their own ways.
- c. Promoting deeper awareness of environmental stewardship among students that enhances 21CC through enriched outdoor and authentic learning experiences using inquiry-based learning.

The School's Green Committee organises and puts in place various green initiatives for the staff and students. One of the key green events we commemorate annually is the World Water Day, which is held on the 22 March 2023. The theme for this year's World Water Day is "**Accelerating change to solve the water and sanitation crisis.**" We can make a difference by changing the way we use, consume and manage water in our lives.

Our assembly programme (on the 27 March 2023) and level activities will focus on ways to conserve this precious resource.

We would like to partner you in our efforts to educate our students about water conservation. We seek your support in reminding your child of the importance of conserving water at all times. Let us be reminded to pledge our national commitment to water conservation!

2 Protecting our students and staff

We would like to inform our parents and visitors to refrain from taking pictures or videos of our school personnel, teachers and fellow students within the school compound and not to post pictures or videos of them on any social media platforms without seeking their consent as it is a privacy concern. These photos and videos of our school personnel, teachers and students are classified as personal in nature. Unauthorized disclosure of such information in social media or other public social media platforms constitutes a breach of the Personal Data Protection Act (PDPA).

3 P4 and P6 NAPFA Test 2023

NAPFA Test for the P4 and P6 students will be held in Term 2. The PE teachers have started preparing the P4 and P6 students for the NAPFA test. Parents can also support by practising or training with your child(ren) in preparation for the 1.6km run and the five items.

The **tentative** test dates for the students are as follows:

Level	Test Items	Tentative Dates	Tentative Time
P4	5 stations	11 or 12 May	2pm to 4pm
	1.6km run/walk	18 May	7.30am to 10.30am
P6	5 stations	4 or 5 May	2pm to 4pm
	1.6km run/walk	9 May	7.30am to 10.30am

Students may refer to their Student Diary pages 16 or 17 for the five test items and NAPFA standards.

Details of the NAPFA tests will be given nearer to the date.

4 Primary 5 Outdoor Adventure Camp

An outdoor adventure residential camp will be organized for Primary 5 students from 17 April 2023 to 19 April 2023. Students will navigate around in a new environment and explore and engage with the rich learning environment of outdoors. Students will have opportunities to collaborate with their peers with diverse perspectives and backgrounds to achieve group goals, which strengthens team spirit and bonding. We hope to inculcate self-discipline, confidence and resilience in our students. Students will also have opportunities to display leadership and develop initiative through team-building and problem-solving activities. Students will engage in creative problem-solving and develop competencies to deal with situations with unknown outcomes. Through the activities and interaction with their group mates, students will have opportunities to demonstrate responsible decision-making towards self, others and the community and environment. This experience will be one that students will treasure as one of the highlights in their primary education.

Details of the camp will be sent via Parent's Gateway to parents of P5 students on a later date.

5 Parent-Teacher Meeting (PTM)

We value building positive partnership between our parents and the school. Please take note of the PTM schedule in **Term 2 on Friday, 26 May 2023**.

As our Mother Tongue Language (MTL) teachers teach more than a level, they will be scheduled to meet with the parents of respective levels separately as shown below. For parents whose children are in P2, P4 and P5, you will be scheduled to meet with the MTL teachers at the next PTM in Term 4. If you would like to find out more about the progress of your child, you may email the respective MTL teachers. Instructions on how to create your PTM booking slots will be disseminated to you at a later date.

Term 2, Friday 26 May 2023

Level	PTM/PCTC	Meeting with Mother Tongue Language Teachers
Primary 1	✓	✓
Primary 2	✓	
Primary 3	✓	✓
Primary 4	✓	
Primary 5	✓	
Primary 6	✓	✓

6 Traffic During CCA Dismissal on Fridays

We have the most number of CCAs conducted on Friday afternoons. As such, traffic during the dismissal between 4.10pm and 4.40pm can get very congested at the Bus Bay. In an effort to improve the situation, we have conducted trials with selected CCAs on 17 and 24 Feb where we opened up Level 3 for parents to drive in and pick up their child(ren). The trials went very well and we would like to thank the parents and students from Table Tennis, Gymnastics, Art Club, Science Club and Chess Club for their cooperation. We are also grateful for the Parent Volunteers (PV) from HPPA who have who have stepped forward to support us. With the success of the trials, we have also extended the Level 3 dismissal to the Girls' Brigade to further ease the traffic at the Bus Bay.

We would also like to remind parents to arrive only after 4.15pm to pick up your child for the CCA dismissal on Friday. This is to avoid having to park and wait as the students are only dismissed at 4.15pm. We thank all parents for your support and cooperation to ensure a safer and smoother traffic flow during the dismissal. This enhances safety for all concerned and increases convenience to the residents around the school.

7 Supporting the holistic development of our students

We value the home-school partnership with our parents and are committed to providing care and assistance to our students and their families. If you require any assistance or know of any child/family who may require further support during the course of the year, please contact your child's Form Teacher.

The following highlight some of the support available for our students.

a) **Learning & Behavioral support and Social-emotional support for our students:**

- Support from our Allied Educators (Learning & Behavioral Support)- [AEDs(LBS)] and School counsellors through:
 - Mdm Leo Siew Hui (HOD Student Wellbeing): leo_siew_hui@moe.edu.sg

Support through MOE programmes & assistance

- [MOE's Learning Support Programmes \(P1 & P2\)](#)
- [MOE's School-based Dyslexia Remediation programme \(P3 & P4\)](#)

Children with dyslexia may also enrol in the MOE-Aided literacy remediation Programme (MAP) at the [Dyslexia Association of Singapore \(DAS\)](#), where they may qualify for subsidised programme fees.

Parents may also refer to [Parents' Guide for Children with SEN](#) to better understand your child's SEN and the appropriate education that will meet his/her unique learning needs.

For more information on **Provisions and Support in Mainstream Schools**, please refer to MOE's [website](#)

b) **Financial assistance support** for our students:

- [MOE Financial Assistance Scheme](#) (MOE-FAS) for Singapore Citizens
- **School-based Financial Assistance Scheme** funded by the School Advisory Committee (SAC) for students who require financial assistance but are not eligible for MOE-FAS. (For Singapore Citizens and subject to eligibility based on the school-based FAS criteria)

Parents may refer to the school website ([Circulars & Forms- Financial Assistance](#)) to find out more and download the MOE-FAS application form.

8. Parenting Tip: ABCs on Motivation

A - Autonomy

Let your children take ownership of their studies. Guide them to make a study plan. Discuss what and when to study. Teach them how to prioritize. Allow them to experience the consequences of their actions or the lack thereof without blaming. Don't say "I told you so," but rather say something like, "That must have been difficult, what can you do differently next time?" Nag less, encourage more. Take them on a journey of self-discovery by using curiosity questions like, "What do you think are you good at and how can I support you?" Help them discover what their strengths and interests are. Get their own ideas on how they wish to be supported.

B - Belongingness (Relatedness)

Let your children feel that they are an essential part of something wonderful. When they are studying, consider putting aside your devices and entertainment to show your support. Be present, praise their efforts along the way. Encourage study groups with friends (with supervision), whether face-to-face or even on zoom. Arrange play dates with your children's friends with the same interests academically or recreationally. Relating with others helps develop intrinsic motivation to succeed.

C – Competence

Set your children up for success. Start with easier revisions/questions/tasks/subjects that are in their strong suit. Praise the effort and process more than the results. Encouraging statements like, “You put in so much effort to show the steps required to answer this question!” and “You were so close to getting the right answer, good try!” goes a long way in building confidence and competence. The more they experience success, the more confident and motivated they will be in trying, even when the task at hand seems tough.

For additional resources on motivating your child to learn, please refer to this online resource by scanning the QR code below.

Positive Parenting Programme (Triple P) workshops for our parents:

- a. A series of evidenced based workshops to support parents in their parenting journey (in collaboration with Lakeside Family Services).

Seminar topics	Choose either Wed 12pm or Thurs 8pm	
Seminar 1 - The Power of Positive Parenting	12 Apr (Wed) 12-1pm	13 Apr (Thurs) 8-9pm
Seminar 2- Raising Confident, Competent Children	19 Apr (Wed) 12-1pm	20 Apr (Thurs) 8-9pm
Seminar 3 - Raising Resilient Children	26 Apr (Wed) 12-1pm	27 Apr (Thurs) 8-9pm

You may sign up directly at this link or by scanning the QR code below: 3 Seminars



- b. Triple P level 3 (3-4 individual consultation with Lakeside Family Services, 45-60 minutes each, remote/face-to-face) to help parents manage one or two specific behaviour problems of their children that are a current concern. One to one consultation sessions are confidential. Names and information will not be revealed without parent's consent.

A PG letter has been sent earlier, on 31 Jan 2023, to indicate interest for the Level 3 consultation sessions. For urgent cases, please email pss@lakeside.org.sg

8 Healthy Eating

During Physical Health and Fitness (PHF) lessons in school, students are taught to eat healthily and to maintain a balanced diet using “My Healthy Plate”. We hope that parents will help in guiding your child(ren) to ensure the nutritional intake at home. Here are some suggestions for healthy eating:

- Consume whole, natural foods that are minimally processed
- Include whole grains, fruits, and vegetables in all meals
- Eat from a variety of foods
- Consume foods in the right portion
- Choose water

You can check out the following [website](#) for more information

9 Eat with Your Family Day 2023

“Eat with Your Family Day” (EWYFD) is a nation-wide initiative led by the Centre For Fathering and supported by the Ministry of Social and Family Development (MSF), to encourage all Singaporeans to consciously set aside time that day to be with their families. Through the simple practice of having a family meal, we hope the event will serve as a reminder to families to eat together regularly.

HPPS and our Student Care Centre (ACE@Work) will support this and would like to inform our parents of the EWYFD dates for 2023 as follows:

- 10 March 2023
- 26 May 2023
- 1 September 2023
- 17 November 2023

Please note that on these days, the General Office and SCC will close by 5.00pm. We seek the co-operation of our parents to make the necessary arrangement and enjoy a day with your family.

For more information on the EWYFD initiative, please refer to <http://fathers.com.sg/ewyfd/>.

10 2022 Henry Park Primary School eYearbook

The 2022 Henry Park Primary School eYearbook documents the events and experiences of the school community throughout 2022; a year peppered with positivity and spirit of excellence.

You may download the 2022 Henry Park Primary School eYearbook through this link- <https://henryparkpri.moe.edu.sg/hpps-experience/events/eyearbook-2022> from 01 Mar 2023 onwards.

The password to open the Yearbook is: TogetherAGAIN2022

11 Calendar of Events

A copy of the Term 2 Calendar of Events is provided to your child. Please refer to Appendix 1.

12 Parenting Article

'I was obsessed with being the perfect student – and missed out on school life'

Rachael Chong used to top her class and ace her exams but ask her about her student days and she frowns. The high-achiever studied to score, but looks back at the opportunities she missed to get more out of school life. Now a writer and newlywed, she emerges from her shell to reflect on how she would advise students differently today. You can read more about in this [article](#).

Vision
Lead with Character, Serve with Talents

Mission
Nurturing concerned citizens with integrity and a spirit of excellence through holistic education

School Values
Respect, Integrity, Care, Excellence



HPPS 2023 Term 2 School Calendar (Mon 20 Mar to Fri 26 May)

(For mainstream students only)

Date/Day	Event	Remarks
Mon, 27 Mar	Commemoration of World Water Day	
Fri, 7 Apr	Good Friday	Public Holiday
Sat, 22 Apr	Hari Raya Puasa	Public Holiday
Mon, 24 Apr	Hari Raya Puasa Observed	School Holiday
Mon, 1 May	Labour Day	Public Holiday
Thu, 4 May	Hari Raya Puasa Celebration	
Sat, 27 May to Sun, 25 Jun	Term 2 School Vacation	

*Note: All events will be during curriculum time unless stated otherwise
Information is accurate as of 27 Feb 2023*