

Sports4Life @HPPS

Learning for Life Programme (LLP) Sports

PE/CCA Department

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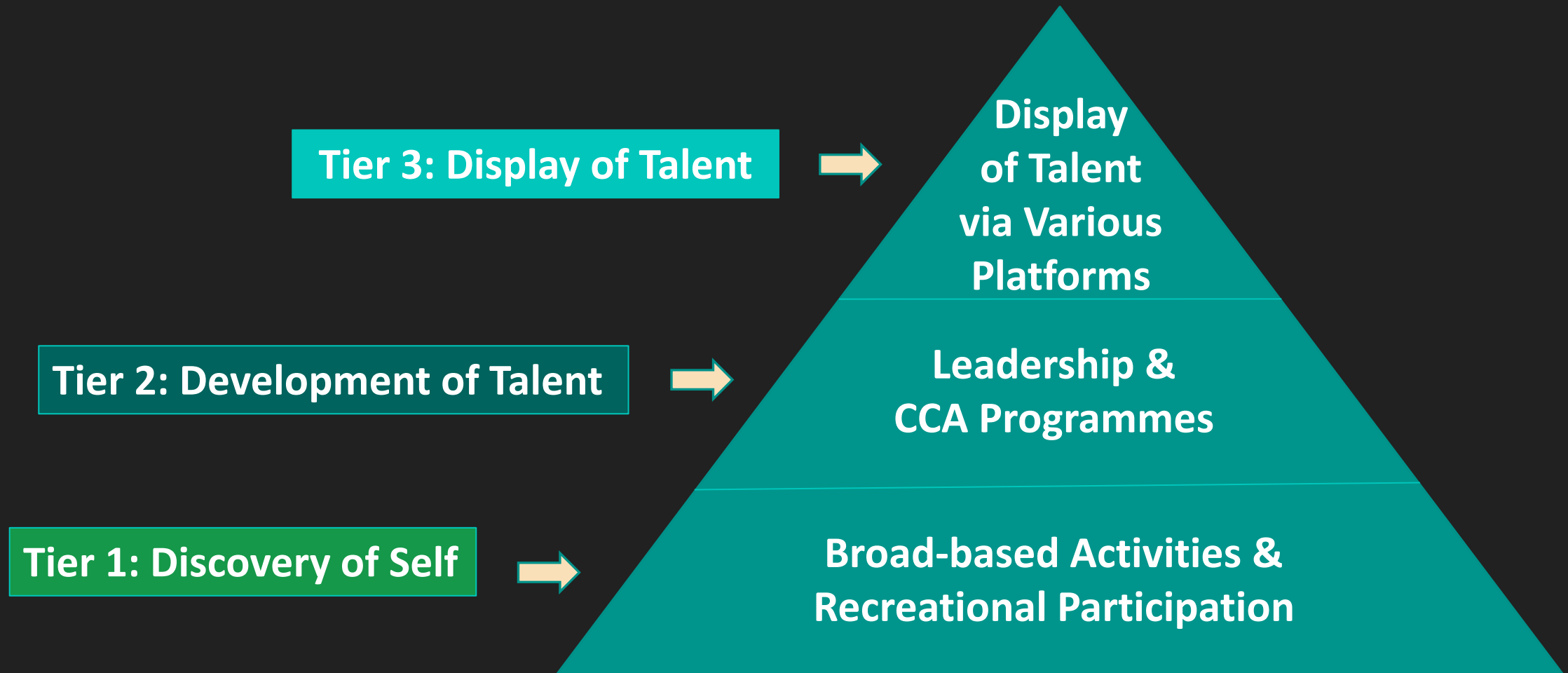
- Provides students with authentic experiences to develop:
 - character and values,
 - cultivate positive attitudes,
 - self-expression and
 - strengthen their people skills.
- Provides opportunities for students to discover their strengths and interests in sports, and to find greater relevance and motivation in their learning.
- Complements the schools' core academic and student development programmes, and
- Help students acquire a broad and deep foundation for life and lifelong learning.

Sports4Life @ HPPS

In Henry Park, we aim to:

- promote active and healthy lifestyle amongst the students.
- develop 21CC, sportsmanship and school values of Respect, Integrity, Care and Excellence (RICE).
- expose students to the world of sports via participation as a sportsman and a spectator.
- develop student leadership through sports.
- excel in chosen sports.

Programme Design: 3-Tiered Approach





OLÉ

Framework

Olé - used to express an appreciation of an outstanding performance in Spanish

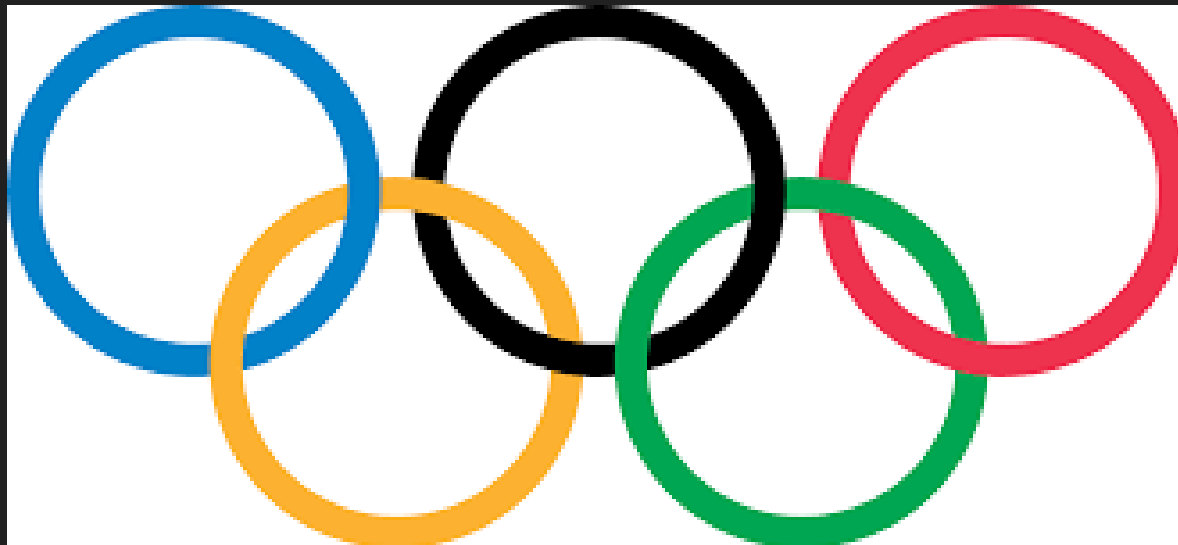
O – Olympism

L – Leadership

E – Exhibition

Olympism

- We adopt the three values of Olympism, which are **Excellence**, **Friendship** and **Respect**. They constitute the foundation on which the Olympic Movement builds its activities to promote sport, culture and education with a view to building a better world. Our LLP follows Olympism closely as we aim to inculcate Olympic values to our students and imbue in them a love for sports.



Olympism

○ Tier 1 Programmes:

P1- 6: Unstructured Play, Sports Awareness Programme, Healthy Meals in School Programme, Healthy Habits Assembly Programmes, Talks, Campaigns, NSG Oath-Taking (as Spectator), GetActive HPPS!

P1-2: Gymnastics module

Leadership

- Development of our students and Sports Leaders is a key pillar of our framework as we aim to provide multiple platforms for them to develop their leadership skills and take ownership of their sporting lifestyle. Sports Leaders will also undergo training to prepare them to serve the school and community through various sporting events.



Leadership

- Tier 1 Programmes:

P1 - 6: PE Monitors

Exhibition

- Students will be given opportunities throughout their 6 years to exhibit their sporting talent, sportsmanship values and leadership skills in school or inter-school sporting events. Our LLP will prepare our students adequately so that they will be able to display their talents and good values. Sports Leaders will also take the lead to plan and organize games and health- and sports-related exhibitions.



Exhibition

Tier 1:

P1- 4: Games Day during Children's Day celebration

